



DISCOVER The AMAZON

The **Adventure to Fitness** series continues with *Discover the Amazon*. Your adventure guide Mr. Marc leads students on another epic adventure, this time to discover the wonders of the Amazon Rainforest deep in the heart of South America. The chaos begins when Mr. Marc stumbles upon Mac, a trouble-making macaw, who talks about a mysterious Lost City of Gold. Mr. Marc's and the students' plans are quickly turned upside down when Mr. Clock unexpectedly takes off in pursuit of El Dorado, The Lost City of Gold. Seemingly insurmountable challenges including hungry alligators, piranha filled rivers and stalking jaguars lay in wait as Mr. Marc and the students go in search of Mr. Clock.

Students learn basic nutrition, geography, history, exercise, social and environmental awareness as well as physical coordination through embedded assessment and repetition. *Discover the Amazon* introduces two new features; basic Spanish and Sign language.

Adventure to Fitness is highly interactive. Students are encouraged throughout the show to respond to Mr. Marc and to actively participate in the adventure through physical movement. The learning continues through pre and post activities found at www.adventuretofitness.com.

